## Gratitude Scavenger Hunt for Kids

- 1. Find something outside you enjoy looking at
  - 2. Find something that is useful for you
- 3. Find something that is your favorite color
- 4. Find something you know someone else will enjoy
  - 5. Find something that makes you happy
    - 6. Find something that tastes good
  - 7. Find something that smells amazing
    - 8. Discover something new
  - 9. Find something that makes you feel safe
  - 10. Find something that makes a beautiful sound
    - 11. Find someone you are grateful for
    - 12. Find something that is unique to you
    - 13. Find something that makes you laugh
    - 14. Find something in the night that you enjoy
  - 15. Find something in the morning that you enjoy
- 16. Find a friend/pet that you love spending time with
  - 17. Find your favorite place to spend alone time
- 18. Find something that reminds you of the people you love
- 19. Find something that you enjoy doing outside with friends 20. Find a place that you love

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